



MAHARISHI DAYANAND

VOCATIONAL TRAINING INSTITUTE INDIA

(An ISO:9001:2015 Certified Institute)

Ministry Of Ayush, Govt. Of India (Owned By QCI)

QCI Membership No.- CORP/EDU/6255/2019-20.

Examination Scheme (Session Jan.19-Dec.2019)

1. *Diploma In Yoga Teacher (DYT) - Theory*

Sr. No.	Paper Name	Day	Date	Time
1.	Asanas, Pranayam & Yoga	Friday	27/12/2019	10AM-01:00 PM
2.	Kriyas, Bandhas & Mudras	Saturday	28/12/2019	10AM-01:00 PM
3.	Yogic Therapy & Modern Psychology	Monday	30/12/2019	10AM-01:00 PM
4.	Meditation Techniques, Human Body system & mental Health	Tuesday	31/12/2019	10AM-01:00 PM

Viva/Practical

Sr. No.	Paper Name	Day	Date	Time
1.	Asanas, Pranayam & Yoga	Friday	27/12/2019	02PM-05:00 PM
2.	Kriyas & Bandhas, Mudras	Saturday	28/12/2019	02PM-05:00 PM
3.	Yogic Therapy & Modern Psychology	Monday	30/12/2019	02PM-05:00 PM
4.	Meditation Techniques, Human Body system & mental Health	Tuesday	31/12/2019	02PM-05:00 PM
5.	Project/Practical	Thursday	02/01/2020	02PM-05:00 PM

2. *PG Diploma In Yoga Teacher (PGDYT) - Theory*

Sr. No.	Paper Name	Day	Date	Time
1.	Yoga Introduction	Friday	27/12/2019	10AM-01:00 PM
2.	Anatomy, Physiology For Yogic Practice	Saturday	28/12/2019	10AM-01:00 PM
3.	Teaching Methodology Of Yogic practice	Monday	30/12/2019	10AM-01:00 PM
4.	Traditional Yoga	Tuesday	31/12/2019	10AM-01:00 PM
5.	Yoga And Mental Health	Thursday	02/01/2020	10AM-01:00 PM

Viva/Practical

Sr. No.	Paper Name	Day	Date	Time
1.	Anatomy, Physiology For Yogic Practice	Friday	27/12/2019	02PM-05:00 PM
2.	Teaching Methodology Of Yogic practice	Saturday	28/12/2019	02PM-05:00 PM
3.	Traditional Yoga	Monday	30/12/2019	02PM-05:00 PM
4.	Yoga And Mental Health	Tuesday	31/12/2019	02PM-05:00 PM

3.Solar Energy Technician Course (SETC) -Theory

Sr. No.	Paper Name	Day	Date	Time
1.	Solar Energy & their applications	Friday	27/12/2019	10AM-01:00 PM
2.	Solar Cell contents & Its structure	Saturday	28/12/2019	10AM-01:00 PM
3.	Solar Batteries & Inverter	Monday	30/12/2019	10AM-01:00 PM
4.	PV Module, CFL, LED & their maintenance	Tuesday	31/12/2019	10AM-01:00 PM

Viva/Practical

Sr. No.	Paper Name	Day	Date	Time
1.	Basics Of Electricity	Friday	27/12/2019	02PM-05:00 PM
2.	Solar Lighting System	Saturday	28/12/2019	02PM-05:00 PM
3.	Solar PV System Design & Installation	Monday	30/12/2019	02PM-05:00 PM
4.	PV Module, CFL, LED & their maintenance	Tuesday	31/12/2019	02PM-05:00 PM
5.	Project	Thursday	02/01/2020	02PM-05:00 PM